**YEAR 2**

**HEALTHY LIFESTYLES 10 – SEX AND RELATIONSHIP EDUCATION**

Children will consolidate their understanding of how babies develop into children and then into adults and their own physical development. They will think about their responsibilities and how these have changed. They will then consider what babies and young children need to stay healthy and safe.

**The main themes of this unit are:**

* the human life cycle
* growing up
* personal responsibilities
* parents, carers and families

**At the end of the unit most pupils will:**

* be able to recognise babies, children and adults of different ages and put them into age order
* understand that human babies grow inside their mothers
* be able to describe the main physical developments which take place in early childhood
* be able to describe some of the changes in responsibilities and expectations during early childhood
* understand the basic needs of babies
* understand how dependent a baby is on parents to provide its basic needs

**Language that will be introduced in this unit:**

|  |  |  |  |
| --- | --- | --- | --- |
| baby | family |  |  |

**Points to note:**

* reference made to different sorts of families – two mums, two dads etc
* changes that have happened to them since they were born