**YEAR 4**

**HEALTHY LIFESTYLES 17 – SEX AND RELATIONSHIP EDUCATION**

Children will consider the human life cycle in more detail. They will consider what they think it means to be ‘grown up’. They will then look at their responsibilities and the responsibilities parents and carers have for babies and children.

**The main themes of this unit are:**

* the human lifecycle
* growing up
* personal responsibilities
* parents, carers and families

**At the end of the unit most pupils will:**

* be able to identify the main stages of the human lifecycle and identify the stage of an individual with reasonable accuracy
* be able to explain ideas about being grown up and show they have a relatively realistic view of adulthood
* be able to identify an area for which they can take more responsibility
* be able to explain some ways that parents/carers are responsible for babies and understand that these responsibilities are based on the fact that a baby cannot look after itself

**Language that will be introduced in this unit:**

**May choose to recap the vocabulary from Year 3.**

|  |  |  |  |
| --- | --- | --- | --- |
| baby | child | adolescent | adult |
| middle age |  |  |  |

**Points to note:**

* discussion about the roles men and women may have and gender stereotyping