

UNIT ORGANISATION

- Autumn term – 2 units per half term
- Spring and Summer term – 1 unit per half term

**FOUNDATION STAGE**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Aut 1  Myself and My Relationships 1: Beginning and Belonging	MMR1 BBF	How am I special and what is special about other people in my class? What have I learnt to do and what would I like to learn next? How do we welcome new people to our class? What can I do to make the classroom a safe and happy place? How can I play and work well with others? How can I respect the needs of others? How does my behaviour make other people feel?	<ul style="list-style-type: none"> <li>• Belonging in the class</li> <li>• Likes and dislikes</li> <li>• Similarities and differences</li> <li>• Setting goals</li> <li>• Recognising feelings</li> <li>• Communication and cooperation</li> <li>• Ground Rules</li> <li>• Rights Rules and Responsibilities</li> <li>• Right and wrong</li> <li>• Fair and unfair</li> </ul>
Aut 2  Myself and My Relationships 2: My Family and Friends - Including Anti-bullying	MMR2 FFF	Who are my special people and why are they special to me? Who is my family and how do we care for each other? What is a friend? How can I be a good friend? How do I make new friends? How can I make up with friends when I have fallen out with them? How does what I do affect others? Do I know what to do if someone is unkind to me?	<ul style="list-style-type: none"> <li>• Valuing difference and diversity</li> <li>• Kind and unkind behaviour</li> <li>• Bullying</li> <li>• Conflict resolution</li> <li>• Asking for help and telling</li> <li>• Being assertive</li> <li>• Safety Circle</li> <li>• Supporting others</li> </ul>
Citizenship 1: Identities and Diversity	CIT1 ID F	Who are the people in my class and how are we similar to and different from each other? Who are the different people who make up a family? What things are especially important to my family and me? What are some of the similarities and differences in the way people including families live their lives? How can we value different types of people including what they believe in and how they live their lives? How do we celebrate what we believe in and how is this different for different people?	<ul style="list-style-type: none"> <li>• Similarities, difference and diversity</li> <li>• Respecting and valuing others</li> <li>• The way we live</li> <li>• Neighbourhood</li> <li>• Our beliefs</li> <li>• Routines, customs and traditions</li> <li>• Culture, race and religion</li> </ul>
Spring 1  Citizenship 2: Me and my world	CIT2 MWF	Who are the people who help to look after me and my school? How can I help to look after my school? How can I help to care for my things at home? Where do I live and what are the different places and features in my neighbourhood? Who are the people who live and work in my neighbourhood including people who help me? How can we look after the local neighbourhood and keep it special for everybody? What do animals and plants need to live and how can I help to take care of them? What is money and why do we need it? How do we save money?	<ul style="list-style-type: none"> <li>• People and places</li> <li>• Family, school, neighbourhood</li> <li>• Jobs, roles and responsibilities</li> <li>• Helping and working together</li> <li>• Caring for living things</li> <li>• Local environments</li> <li>• Money</li> </ul>
Spring 2  Healthy and Safer Lifestyles: My Body and Growing Up	HSL1 BGF	What does my body look like? How has my body changed as it has grown? What can my body do? What differences and similarities are there between our bodies? How can I look after my body and keep it clean? How am I learning to take care of myself and what do I still need help with? Who are the members of my family and trusted people who look after me? How do I feel about growing up?	<ul style="list-style-type: none"> <li>• Valuing the body</li> <li>• Body parts</li> <li>• My teeth</li> <li>• Shapes and sizes</li> <li>• Self care skills</li> <li>• Change and responsibilities</li> </ul>

<p>Summer 1</p> <p>Healthy and Safer Lifestyles 2: Keeping Safe (Including Drug Education)</p>	<p>HSL2 KSF</p>	<p>What do I think I have to keep safe from?          How do I know if something is safe or unsafe?          Do I understand simple safety rules for when I am at home, at school and when I am out and about?          Can I say 'No!' if I feel unsure about something and it does not feel safe or good?          Can I ask for help and tell people who care for me if I am worried or upset?          Who are the people who help to keep me safe?          What goes on to and into my body and who puts it there?          Why do people use medicines?          What are the safety rules relating to medicines and who helps me with these?</p>	<ul style="list-style-type: none"> <li>• Assessing risk</li> <li>• Personal safety skills</li> <li>• Safety Circle</li> <li>• Good and bad secrets</li> <li>• Good and bad touches</li> <li>• Real and pretend</li> <li>• Lost and found</li> <li>• Road Safety</li> <li>• Safe use of medicines</li> <li>• Medicines, pills, injections</li> </ul>
<p>Healthy and Safer Lifestyles 3 HL F Healthy Lifestyles</p>	<p>HSL3 HLF</p>	<p>What things can I do when I feel good and healthy?          What can't I do when I am feeling ill or not so healthy?          What can I do to help keep my body healthy?          Do I understand why food and drink are good for us?          Do I understand what exercise is and why it is good for us?          Do I understand why rest and sleep are good for us?</p>	<ul style="list-style-type: none"> <li>• Healthy Choices</li> <li>• My teeth</li> <li>• Food and drink</li> <li>• Exercise</li> <li>• Rest and sleep</li> </ul>
<p>Summer 2</p> <p>Myself and My Relationships 3 My Emotions</p>	<p>MMR3 MEF</p>	<p>Can I recognise and show my emotions?          Can I recognise emotions in other people and say how they are feeling?          Do I know what causes different emotions in myself and other people?          How do I and others feel when things change?          Do I know simple ways to make myself feel better?          How can I help to make other people feel better?</p>	<ul style="list-style-type: none"> <li>• Identifying and managing emotions</li> <li>• Feelings, thought and behaviour</li> <li>• Fair and unfair</li> <li>• Loss and change</li> <li>• Empathy</li> </ul>

**YEAR 1**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: Beginning and Belonging	MMR4 BB12	<p><b>How can I make sure my classroom is a happy and safe place for everyone?</b></p> <p>Do I understand simple ways to help my school feel like a safe, happy place? RR            How can I get to know the people in my class? CF            How do I feel when I am doing something new? MW            How can I help someone feel welcome in class? MW            What helps me manage in new situations? MW            Who can help me at home and at school? BS</p>	<ul style="list-style-type: none"> <li>• Feeling safe and happy</li> <li>• Belonging in the class / school / community</li> <li>• Ground rules / class charters</li> <li>• Doing new things</li> <li>• Resilience</li> <li>• Asking for help</li> </ul>
Myself and my relationships 6: Family and friends	MMR6 FF 12	<p><b>What is a friend and how can I be a good one?</b></p> <p>Can I describe what a good friend is and does and how it feels to be friends? CF            Why is telling the truth important? CF            What skills do I need to choose, make and develop friendships? CF            How might friendships go wrong, and how does it feel? CF            How can I try to mend friendships if they have become difficult? CF            What is my personal space and how do I talk to people about it? BS            Who is in my family and how do we care for each other? FP            Who are my special people, why are they special and how do they support me? CF</p>	<ul style="list-style-type: none"> <li>• Friendship</li> <li>• Truthfulness</li> <li>• My family</li> <li>• Special people</li> <li>• Problem solving in relationships</li> <li>• Different points of view</li> <li>• Personal space</li> <li>• Safety circles</li> </ul>
Healthy & Safer Lifestyles: Relationships and Sex Education	HSL6 SR 1	<p><b>Why is my body amazing?</b></p> <p>What are the names of the main parts of the body? BS            What can my amazing body do?            When am I in charge of my actions and my body? BS            How can I keep my body clean? HP            How can I avoid spreading common illnesses and diseases? HP</p>	<ul style="list-style-type: none"> <li>• External parts of the body</li> <li>• My amazing body</li> <li>• Germs</li> <li>• Hand washing</li> </ul>
Citizenship 3: Working Together	CIT3 WT 12	<p><b>What does it mean to work together?</b></p> <p>What am I and other people good at?            What new skills would I like to develop?            How can I listen well to other people? RR            How can I work well in a group? RR            Why is it important to take turns? RR            How can I negotiate to sort out disagreements? CF            How are my skills useful in a group?            What is a useful evaluation? RR</p>	<ul style="list-style-type: none"> <li>• Recognising strengths</li> <li>• Developing skills</li> <li>• Steps towards goals</li> <li>• Effective communication</li> <li>• Compromise &amp; co-operation</li> <li>• Discussion &amp; negotiation</li> <li>• Applying group work &amp; communication skills</li> <li>• Evaluating</li> </ul>
Healthy & Safer Lifestyles: Healthy Lifestyles	HSL7 HL 12	<p><b>What does it feel like to be healthy?</b></p> <p>How can I stay as healthy as possible? HP            What does it feel like to be healthy? MW            What does healthy eating mean and why is it important? HE            Why is it important to be active &amp; what are the opportunities for physical activity? PHF            What foods do I like and dislike and why?            What can help us eat healthily? HE            Why do we need food?            What healthy choices can I make?</p>	<ul style="list-style-type: none"> <li>• Staying healthy</li> <li>• Rest and sleep</li> <li>• Dental health</li> <li>• Eatwell Guide</li> <li>• Physical activity</li> <li>• Healthy eating</li> <li>• Food preparation</li> <li>• Making real choices</li> </ul>
Economic Wellbeing 1:	EW1 FC 12	<p><b>What is money and how is it used?</b></p>	<ul style="list-style-type: none"> <li>• Money in different / familiar contexts</li> <li>• Cash values</li> </ul>

Financial Capability		<p>Where does money come from and where does it go when we 'use' it?  How might I get money and what can I do with it?  How do we pay for things?  What does it mean to have more or less money than you need?  How do I feel about money?  How do my choices affect me, my family, others?  What is a charity?</p>	<ul style="list-style-type: none"> <li>• Money as a finite resources</li> <li>• Uses of money</li> <li>• Saving and spending</li> <li>• Effects of loss</li> <li>• How banks etc work</li> <li>• Emotions in relation to money</li> <li>• Charity</li> </ul>
Citizenship: Rights, Rules and Responsibilities	CIT5 RR 12	<p><b>Why do we have rules?</b></p> <p>How do rules make me feel happy and safe? RR  How do I take part in making rules?  Who looks after me and what are their responsibilities?  What jobs and responsibilities do I have in school and at home?  Can I listen to other people, share my views and take turns?  RR  Can I take part in discussions and decisions in class</p>	<ul style="list-style-type: none"> <li>• Class and school rules and charters</li> <li>• Rules and laws in society</li> <li>• Understanding right and wrong</li> <li>• Explaining views</li> <li>• Decision making</li> <li>• School and class councils</li> <li>• Responsibilities to other people</li> </ul>
Healthy and Safer Lifestyles: Managing Safety and Risk	HSL4 MR 12	<p><b>What makes a situation risky?</b></p> <p>What are risky situations and how do they make me feel?  MW  What is my name, address and phone number and when might I need to give them? BFA  What is an emergency and who can help? BFA  What makes a place or activity safe for me? MW  What are the benefits and risks for me when walking near the road, and how can I stay safer? MW  What are the benefits and risks for me in the sun and how can I stay safer? HP  What do I enjoy when I'm near water and how can I stay safer? MW  What are the risks for me if I am lost and how can I get help?  BS  How can I help to stop simple accidents from happening and how can I help if there is an accident? BFA</p>	<ul style="list-style-type: none"> <li>• Risky situations</li> <li>• Emotions associated with risk</li> <li>• Basic personal information</li> <li>• Asking for &amp; giving help in an emergency</li> <li>• Safety eyes &amp; ears</li> <li>• Road safety</li> <li>• Travel to &amp; from school</li> <li>• Rules for keeping safer</li> <li>• Sun safety</li> <li>• Water safety</li> <li>• Keeping safe from accidents</li> </ul>

**YEAR 2**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: My Emotions	MMR5 ME	<p><b>What are my emotions and how can I control them?</b></p> <p>What am I good at and what is special about me? RR            How can I stand up for myself? RR            Can I name some different feelings? MW            Can I describe situations in which I might feel happy, sad, cross etc? MW            How do my feelings and actions affect others? MW            How do I manage some of my emotions and associated behaviours? MW            What are the different ways people might relax and what helps me to feel relaxed? MW            Who do I share my feelings with? MW</p>	<ul style="list-style-type: none"> <li>• Self awareness</li> <li>• Assertiveness</li> <li>• Identifying &amp; naming emotions</li> <li>• Coping with feelings</li> <li>• Feelings, thoughts and behaviour</li> <li>• Likes &amp; dislikes</li> <li>• Impulsive behaviour</li> <li>• Calming down &amp; relaxing</li> <li>• Seeking support</li> </ul>
Citizenship: Diversity and Communities	CIT4 DC	<p><b>What does local mean and what is in my local community?</b></p> <p>What makes me 'me', what makes you 'you'? RR            Do all boys and all girls like the same things? RR            What is my family like and how are other families different? FP            What different groups do we belong to? RR            What is a stereotype and can I give some examples? RR            Who helps people in my locality and what help do they need? MW            What does 'my community' mean and how does it feel to be part of it? MW            How do people find out about what is happening in my community? MW            How do we care for animals and plants?            How can I help look after my school?</p>	<ul style="list-style-type: none"> <li>• My identity</li> <li>• Different families</li> <li>• Different cultures and beliefs</li> <li>• Groups in and out of school</li> <li>• Respect</li> <li>• Community</li> <li>• Stereotypes</li> <li>• People who help us</li> <li>• School environment</li> <li>• Needs of people/animals / pets/plants</li> </ul>
Myself and My Relationships: Anti-Bullying	MMR7 AB	<p><b>Why might people fall out with their friends and how can they make friends again?</b></p> <p>Why might people fall out with their friends? CF            Can I describe what bullying is? RR            Do I understand some of the reasons people bully others? RR            Why is bullying never acceptable or respectful? RR            How might people feel if they are being bullied? MW            Who can I talk to if I have worries about friendship difficulties or bullying? RR            How can I be assertive? RR            Do I know what to do if I think someone is being bullied? RR            How do people help me to build positive and safe relationships? CF            What does my school do to stop bullying? RR</p>	<ul style="list-style-type: none"> <li>• Respecting difference</li> <li>• Defining bullying</li> <li>• Physical, mental and emotional wellbeing</li> <li>• Assertiveness</li> <li>• Safety circles</li> <li>• Telling &amp; asking for help</li> <li>• Supporting others</li> <li>• Creating an anti-bullying ethos</li> </ul>
Healthy and Safer Lifestyles: Personal Safety	HSL9 PS	<p><b>How can I keep myself safe?</b></p> <p>Can I identify different feelings and tell others how I feel? MW            Which school/classroom rules are about helping people to feel safe? BS            Can I name my own Early Warning Signs? BS            How do I know which adults and friends I can trust? CF            Who could I talk with if I have a worry or need to ask for help? BS            What could I do if a friend or someone in my family isn't kind to me? BS</p>	<ul style="list-style-type: none"> <li>• Identifying and communicating feelings</li> <li>• School/classroom rules</li> <li>• Early Warning signs</li> <li>• Identifying trusted adults</li> <li>• Networks of support</li> <li>• Recognising unkind behaviour</li> <li>• Bodily autonomy</li> <li>• Safe, unsafe &amp; unwanted touch</li> <li>• Safe and unsafe secrets</li> <li>• Online safety</li> </ul>

		<p>Can I identify private body parts and say 'no' to unwanted touch? BS</p> <p>What could I do if I feel worried about a secret? BS</p> <p>What could I do if something worries or upsets me when I am online? BS</p>	
<p>Healthy and Safer Lifestyles: Relationship and Sex Education</p>	<p>HSL10 SR2</p>	<p><b>How have I changed?</b></p> <p>How do babies change and grow? (Statutory NC Science Y2)</p> <p>How have I changed since I was a baby? (Statutory NC Science Y2)</p> <p>What's growing in that bump? (Sex Education/NC Science)</p> <p>What do babies and children need from their families? FP</p> <p>Which stable, caring relationships are at the heart of families I know? FP</p> <p>What are my responsibilities now I'm growing up? CAB</p>	<ul style="list-style-type: none"> <li>• Babies to children to adults</li> <li>• Growing up</li> <li>• Caring families</li> <li>• Family variety</li> <li>• Marriage</li> <li>• Changing responsibilities</li> </ul>
<p>E-safety - Me and My Online Identity</p>	<p>ENR ES12</p>	<p><b>How can I stay safe online?</b></p> <p>What are some examples of ways in which I use technology and the internet and what are the benefits? OR</p> <p>What is meant by "identity" and how might someone's identity online be different from their identity in the physical world? OR</p> <p>What are some examples of online content or contact which might mean I feel unsafe, worried or upset? OR</p> <p>What sort of information might I choose to put online and what do I need to consider before I do so? OR</p> <p>When might I need to report something and how would I do this? OR</p> <p>What sort of rules can help to keep us safer and healthier when using technology? IS</p> <p>Who can help me if I have questions or concerns about what I experience online or about others' online behaviour? IS</p>	<ul style="list-style-type: none"> <li>• Decision making</li> <li>• Positive contributions</li> <li>• Evaluating content</li> <li>• Information storage &amp; sharing</li> <li>• Mental &amp; physical wellbeing</li> <li>• Responsibilities</li> <li>• Reporting</li> </ul>
<p>Healthy and Safer Lifestyles: Drug Education</p>	<p>HSL8 DE</p>	<p><b>How can I take medicines safely and why do we take them?</b></p> <p>Which substances might enter our bodies, how do they get there and what do they do? DAT</p> <p>What are medicines and why and when do some people use them? DAT</p> <p>When and why do people have an injection from a doctor or a nurse? HP</p> <p>Who is in charge of what medicine I take? DAT</p> <p>What different things can help me feel better if I feel poorly? DAT</p> <p>How can I keep safe with medicines and substances at home and at school? DAT</p> <p>What is persuasion and how does it feel to be persuaded?</p>	<ul style="list-style-type: none"> <li>• Medicines</li> <li>• Health professionals</li> <li>• Going to the doctors</li> <li>• Feeling ill, feeling better</li> <li>• Risky household substances</li> <li>• Safety rules</li> <li>• Being persuaded</li> </ul>
<p>Myself and My Relationships: Managing Change</p>	<p>MMR8 MC</p>	<p><b>How have me and my friends changed and what else might happen to us in the future?</b></p> <p>How are my achievements, skills and responsibilities changing and what else might change?</p> <p>How might people feel during times of loss and change? MW</p> <p>How do friendships change? CF</p> <p>What helps me to feel calmer when I am experiencing strong emotions linked to loss and change? MW</p> <p>How might people feel when they lose a special possession?</p> <p>When can I make choices about changes?</p>	<ul style="list-style-type: none"> <li>• Changing friendship patterns</li> <li>• Changing skills &amp; responsibilities</li> <li>• Changing habits</li> <li>• Transitions within school</li> <li>• Losing things</li> <li>• Emotions involved with change</li> </ul>

**YEAR 3**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: Beginning and Belonging	MMR9 BB	<p><b>How can I build positive relationships with others?</b></p> <p>What is my role in making my school a place where we can learn happily and safely? RR</p> <p>How can we build relationships in our class and how does this benefit me? CF</p> <p>What does it feel like to be new or to start something new? MW</p> <p>How can I help children and adults feel welcome in school? RR</p> <p>What helps me manage a new situation or learn something new? MW</p> <p>Who are the different people in my network who I can ask for help? BS</p>	<ul style="list-style-type: none"> <li>• Ground rules / class charters</li> <li>• Responsibilities</li> <li>• Belonging</li> <li>• New situations</li> <li>• Meeting new people</li> <li>• Resilience</li> <li>• Managing feelings</li> <li>• Asking for help</li> <li>• Networks of support</li> </ul>
Myself and My Relationships: Family and Friends	MMR11 FF	<p><b>What impact do we have on other people and what impact do they have on us?</b></p> <p>How do good friends behave on and offline and how do I feel as a result? OR</p> <p>What is a healthy friendship and how does trust play an essential part? CF</p> <p>What skills do I need for choosing, making and developing friendships and how effective are they? CF</p> <p>How can I help to resolve disagreements positively by listening and compromising? CF</p> <p>Can I empathise with other people in a disagreement? CF</p> <p>How can I check with my friends that their personal boundaries have not been crossed? BS</p> <p>How do my family members help each other to feel safe and secure even when things are tough? FP</p> <p>Who is in my network of special people now and how do we affect and support each other? FP</p>	<ul style="list-style-type: none"> <li>• Developing friendships</li> <li>• On and offline friendships</li> <li>• Emotions in relationships</li> <li>• Trustworthiness</li> <li>• Special people and networks</li> <li>• Compromise</li> <li>• Empathy</li> <li>• Conflict resolution</li> <li>• Personal boundaries</li> <li>• Networks of support</li> </ul>
Healthy and Safer Lifestyles: Relationship and Sex Education	HSL13 SR	<p><b>Why and how do we need to keep clean?</b></p> <p>How are male and female bodies different and what are the different parts called? BS</p> <p>When do we talk about our bodies, how they change, and who do we talk to? BS</p> <p>What can my body do and how is it special?</p> <p>Why is it important to keep myself clean? HP</p> <p>What can I do for myself to stay clean and how will this change in the future? HP</p> <p>How do different illnesses and diseases spread and what can I do to prevent this? HP</p>	<ul style="list-style-type: none"> <li>• Male and female bodies</li> <li>• Talking about bodies</li> <li>• Valuing the body's uniqueness &amp; capabilities</li> <li>• Responsibilities for hygiene</li> <li>• Preventing spread of illnesses</li> </ul>
Citizenship: Working Together	CIT6 WT	<p><b>What is my part in working together?</b></p> <p>What am I good at and what are others good at?</p> <p>What new skills would I like or need to develop?</p> <p>How well can I listen to other people? RR</p> <p>How do I ask open questions? RR</p> <p>How can I share my views and opinions effectively? RR</p> <p>How can different people contribute to a group task?</p> <p>How can I persevere and overcome obstacles to my learning? CF</p> <p>How can I work well in a group? CF</p> <p>What is useful evaluation?</p>	<ul style="list-style-type: none"> <li>• Recognising and valuing strengths</li> <li>• Developing skills</li> <li>• Steps towards goals</li> <li>• Effective communication</li> <li>• Questioning skills</li> <li>• Problem solving and perseverance</li> <li>• Decision making</li> <li>• Communication and group work skills</li> <li>• Evaluating</li> <li>• Feedback</li> </ul>

		How do I give constructive feedback and receive it from others? RR	
Citizenship: Diversity and Communities	CIT7 DC	<p><b>Why are stereotypes unfair and how can I challenge them?</b></p> <p>What have we got in common and how are we different? RR</p> <p>How might others' expectations of girls and boys affect people's feelings and choices? RR</p> <p>How are our families the same and how are they different? RR</p> <p>Do people who live in my locality have different traditions, cultures and beliefs? RR</p> <p>How does valuing diversity benefit everyone? RR</p> <p>Why are stereotypes unfair and how can I challenge them? RR</p> <p>How do people in my locality benefit from being part of different groups? MW</p> <p>What are the roles of people who support others with different needs in my community? MW</p> <p>How does the media work in my community? MW</p> <p>How can we care for the local environment and what are the benefits?</p> <p>What do animals need, and what are our responsibilities?</p>	<ul style="list-style-type: none"> <li>• Similarities and differences</li> <li>• People in the community</li> <li>• People with different backgrounds</li> <li>• Stereotypes</li> <li>• Roles in the community</li> <li>• Local environment</li> <li>• Animal welfare</li> <li>• Role of the media</li> </ul>
Healthy and Safer Lifestyles: Managing Safety and Risk	HSL11 MR	<p><b>What are risks and how can I reduce them?</b></p> <p>How do I feel in risky situations and how might my body react? MW</p> <p>Can I make decisions in risky situations and might my friends affect these decisions?</p> <p>When might I meet adults I don't know &amp; how can I respond safely? BS</p> <p>What actions could I take in an emergency or accident and how can I call the emergency services? BFA</p> <p>What are the benefits of using the roads and being near water and how can I reduce the risks? MW</p> <p>How is fire risky and how can I reduce the risks?</p> <p>How do I keep myself safe during activities and visits?</p> <p>How can I stop accidents happening at home and when I'm out?</p>	<ul style="list-style-type: none"> <li>• Emotions in risky situations</li> <li>• Dealing with pressure in risky situations</li> <li>• Reactions to risk</li> <li>• Taking action in an emergency</li> <li>• Road safety</li> <li>• Fire safety</li> <li>• Beach safety</li> <li>• Safety near waterways</li> <li>• Safety during activities and visits</li> <li>• Preventing accidents in familiar settings</li> </ul>
Citizenship: Rights, Rules and Responsibilities	CIT8 RR	<p><b>What are human rights?</b></p> <p>What does it mean to be treated and to treat others with respect? RR</p> <p>Who are those in positions of authority within our school and communities and how can we show respect? RR</p> <p>Why do we need rules at home and at school? RR</p> <p>What part can I play in making and changing rules?</p> <p>What do we mean by rights and responsibilities?</p> <p>What are my responsibilities at home and at school?</p> <p>How do we make democratic decisions in school?</p> <p>What is a representative and how do we elect them?</p>	<ul style="list-style-type: none"> <li>• Respect</li> <li>• Authority</li> <li>• Class/school rules &amp; charters</li> <li>• Rights and responsibilities</li> <li>• Democracy at school</li> <li>• School and class councils</li> <li>• Decision making</li> <li>• Debating and voting</li> <li>• Responsibilities at school and at home</li> </ul>
E-safety – Digital Lifestyles	ENR ES	<p><b>What are the risks of being on line and how can I reduce them?</b></p> <p>How might my use of technology change as I get older, and how can I make healthier and safer decisions? OR</p> <p>How does my own and others' online identity affect my decisions about communicating online? OR</p> <p>How might people with similar likes &amp; interests get together online? OR</p>	<ul style="list-style-type: none"> <li>• Benefits of technology</li> <li>• Being healthier &amp; safer</li> <li>• Online identity</li> <li>• Online contact</li> <li>• Liking &amp; trusting</li> <li>• Mental wellbeing</li> <li>• Reliability of online content</li> <li>• Age restrictions</li> </ul>

	<p>Can I explain the difference between “liking” and “trusting” someone online? OR</p> <p>What does it mean to show respect online, and how could my feelings, and those of others, be affected by online content or contact? OR</p> <p>When looking at online content, what is the difference between opinions, beliefs and facts? OR</p> <p>Why is it important to ration the time we spend using technology and/or online? ISH</p> <p>How might the things I see and do online affect how I feel and how healthy I am, and how can I get support when I need it? ISH</p> <p>Why are social media, some computer games, online gaming and TV/films age restricted and how does peer influence play a part in my decision making? ISH</p>	<ul style="list-style-type: none"> <li>• Asking for help</li> </ul>
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**YEAR 4**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: My Emotions	MMR10 ME	<p><b>What are emotions and how do they affect me?</b></p> <p>Why is it important to accept and feel proud of who we are? RR</p> <p>What does the word 'unique' mean and what do I feel proud of about myself? RR</p> <p>Why is mental wellbeing as important as physical wellbeing? MW</p> <p>How can I communicate my emotions? MW</p> <p>Can I recognise some simple ways to manage difficult emotions? MW</p> <p>What does it mean when someone says I am "over reacting" and how do I show understanding towards myself and others? MW</p> <p>How do my actions and feelings affect the way I and others feel? MW</p> <p>How do I care for other people's feelings? MW</p> <p>Who can I talk to about the way I feel? MW</p> <p>How can I disagree without being disagreeable? RR</p>	<ul style="list-style-type: none"> <li>• Self-respect</li> <li>• Mental wellbeing</li> <li>• Communicating emotions</li> <li>• Self-care</li> <li>• Diverse emotions/ responses</li> <li>• Care &amp; respect for others</li> <li>• Seeking support</li> </ul>
Myself and My Relationships: Anti-Bullying	MMR12 AB	<p><b>What are the negative impacts of bullying?</b></p> <p>How are falling out and bullying different? CF</p> <p>How do people use power when they bully others? RR</p> <p>What are the key characteristics of different types of bullying? RR</p> <p>How can lack of respect and empathy towards others lead to bullying? RR</p> <p>What is the difference between direct and indirect forms of bullying? RR</p> <p>What are bystanders and followers and how might they feel? MW</p> <p>Do I understand that bullying might affect how people feel for a long time? MW</p> <p>How can I support people I know who are being bullied by being assertive? RR</p> <p>How does my school prevent bullying and support people involved? RR</p>	<ul style="list-style-type: none"> <li>• Falling out</li> <li>• Prejudiced-based bullying</li> <li>• Respect</li> <li>• Direct and indirect bullying</li> <li>• Cyberbullying</li> <li>• Bystanders and followers</li> <li>• Being supportive</li> <li>• Getting help</li> </ul>
Healthy and Safer Lifestyles: Relationships and Sex Education	HLS17 SR	<p><b>What does it mean to be grown up?</b></p> <p>What are the main stages of the human life cycle? Science</p> <p>How did I begin? Sex Education</p> <p>What does it mean to be 'grown up'? CAB</p> <p>What am I responsible for now and how will this change? CAB</p> <p>How do different caring, stable, adult relationships create a secure environment for children to grow up? FP</p>	<ul style="list-style-type: none"> <li>• Stages of human life cycle</li> <li>• Seed+egg</li> <li>• Being grown up</li> <li>• My responsibilities</li> <li>• Families' responsibilities</li> <li>• Caring families</li> </ul>
Healthy & Safer Lifestyles: Healthy Lifestyles	HSL14 HL	<p><b>What is a healthy lifestyle?</b></p> <p>What does healthy eating and a balanced diet mean? HE</p> <p>What is an active lifestyle and how does it help me to be healthier? PHF</p> <p>What is mental wellbeing and how is it affected by my physical health? MW</p> <p>How much sleep do I need &amp; what happens if I don't have enough? HP</p> <p>How do nutrition and physical activity work together?</p>	<ul style="list-style-type: none"> <li>• Eatwell Guide</li> <li>• Basic food hygiene &amp; preparation</li> <li>• Active Lifestyles</li> <li>• Mental wellbeing</li> <li>• Sleep</li> <li>• Influences on lifestyle choices</li> <li>• Dental care</li> <li>• Leisure activities</li> </ul>

		<p>How can I plan and prepare simple, healthy meals safely? HE</p> <p>How can I look after my teeth and why is it important? HP</p> <p>Who is responsible for my lifestyle choices and how are these choices influenced?</p>	
Economic Wellbeing: Financial Capability	EW2 FC	<p><b>What is money and how does it impact on my life?</b></p> <p>What different ways are there to earn and spend money?          What do saving, spending and budgeting mean to me?          How can I decide what to spend my money on and choose the best way to pay?          What might my family have to spend money on?          What is 'value for money'?          How do my feelings about money change?          How do my choices affect my family, the community, the world and me?</p>	<ul style="list-style-type: none"> <li>• Understanding large amounts of money</li> <li>• Sources of money</li> <li>• Saving and spending</li> <li>• Cash versus money</li> <li>• Keeping track of money</li> <li>• Value for money</li> <li>• Impact of choices</li> <li>• Charities</li> <li>• Emotions</li> </ul>
Healthy & Safer Lifestyles: Drug Education	HSL15 DE	<p><b>What are drugs and what can their impact be?</b></p> <p>What medical &amp; legal drugs do I know about, and what are their effects? DAT</p> <p>Who uses and misuses legal drugs? DAT</p> <p>Why do some people need medicine and who prescribes it? DAT</p> <p>What are immunisations and have I had any? HP</p> <p>What are the safety rules for storing medicine and other risky substances? DAT</p> <p>What should I do if I find something risky, like a syringe? DAT</p> <p>What do I understand about how friends and the media persuade and influence me? CF</p>	<ul style="list-style-type: none"> <li>• Medicines and legal drugs</li> <li>• People who use medicines &amp; legal drugs</li> <li>• Rules for safe storage</li> <li>• Finding risky items</li> <li>• Influence of friends and media</li> <li>• Immunisations</li> </ul>
Healthy & Safer Lifestyles: Personal Safety	HSL16 PS	<p><b>How can I keep my body safe?</b></p> <p>How do I recognise my own feelings and communicate them to others? MW</p> <p>Which school/classroom rules are about helping people to feel safe? RR</p> <p>Can I recognise when my Early Warning Signs are telling me I don't feel safe? BS</p> <p>What qualities do trusted adults and trusted friends have? CF</p> <p>Who is on my personal network and how can I ask them for help? BS</p> <p>What could I do if I feel worried about a friendship or family relationship? BS</p> <p>What sort of physical contact do I feel comfortable with and what could I do if physical contact is unwanted? BS</p> <p>How can I decide if a secret is safe or unsafe? BS</p> <p>How can I keep safe online? BS</p>	<ul style="list-style-type: none"> <li>• Identifying and communicating feelings</li> <li>• School/classroom rules</li> <li>• Early Warning signs</li> <li>• Identifying trusted adults</li> <li>• Personal networks</li> <li>• Safety continuum</li> <li>• Recognising and reporting unkind behaviour</li> <li>• Bodily autonomy</li> <li>• Personal boundaries</li> <li>• Safe, unsafe and unwanted touch</li> <li>• Safe and unsafe secrets</li> <li>• Online safety</li> </ul>
Myself and My Relationships: Managing Change	MMR13 MC	<p><b>What impact does change have on people and how can I deal with it?</b></p> <p>What changes have I and my peers already experienced and what might happen in the future?          What helps me when I'm experiencing strong emotions due to loss or change? MW          What strategies help me to thrive when my friendships change? MW          How might I behave when I feel strong emotions linked to loss and change? MW          How might people feel when loved ones or pets die, or they are separated from them for other reasons?</p>	<ul style="list-style-type: none"> <li>• Range of experiences of change</li> <li>• Positive changes</li> <li>• Emotions involved in loss and change</li> <li>• Taking responsibility for choices</li> <li>• Confidence in new situations</li> <li>• People I see, people I don't see</li> <li>• Bereavement</li> </ul>

		What changes might people welcome and how can they plan for these?	
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**YEAR 5**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: Beginning and Belonging	MMR14 BB	<p><b>How can I build positive relationships and work collaboratively?</b></p> <p>What are my responsibilities for making sure everyone in school feels happy and safe? RR</p> <p>How can I take responsibility for building relationships in my school and how does this benefit us all? CF</p> <p>How might different people feel when starting something new and how can I help? MW</p> <p>How do we make people feel welcome and valued in and out of school? CF</p> <p>What helps me to be resilient in a range of new situations? MW</p> <p>Are there more ways I can get help now and how do I seek support? BS</p>	<ul style="list-style-type: none"> <li>• Ground Rules / class charters</li> <li>• Responsibilities</li> <li>• Belonging</li> <li>• New experiences</li> <li>• Resilience</li> <li>• Managing emotions</li> <li>• Network of support</li> <li>• Online sources of support</li> </ul>
Citizenship: Rights, Rules and Responsibilities	CIT11 RR	<p><b>What rights do I have as a child?</b></p> <p>What are the conventions of courtesy &amp; manners and how do these vary? RR</p> <p>How does my behaviour online affect others &amp; how can I show respect? IS/RR</p> <p>Why is it important to keep my personal information private, especially online? IS</p> <p>How can I contribute to making and changing rules in school?</p> <p>How else can I make a difference in school?</p> <p>What are the basic rights of children and adults?</p> <p>Why do we have laws in our country?</p> <p>How does democracy work in our community and in our country?</p> <p>What do councils, councillors, parliament and MPs do?</p> <p>Can I take part in a debate, respectfully listening to other people's views? RR</p>	<ul style="list-style-type: none"> <li>• Courtesy, manners &amp; respect</li> <li>• Online behaviour</li> <li>• Privacy</li> <li>• Ground rules/class charters</li> <li>• Children's rights</li> <li>• Conflicting rights &amp; responsibilities</li> <li>• Rules and laws in society</li> <li>• Role of the police</li> <li>• Local and national democracy</li> <li>• Participation in class &amp; school</li> <li>• School and class councils</li> <li>• Social and moral issues</li> </ul>
Healthy & Safer Lifestyles : Relationship and Sex Education	HSL20 SR5	<p><b>What will happen to my body as I grow up and how can I care for it?</b></p> <p>What are male and female sexual parts called and what are their functions? BS</p> <p>How can I talk about bodies confidently and appropriately? BS</p> <p>What happens to different bodies at puberty? CAB</p> <p>What might influence my view of my body?</p> <p>How can I keep my growing and changing body clean? HP</p> <p>How can I reduce the spread of viruses and bacteria? HP</p>	<ul style="list-style-type: none"> <li>• Names of sexual parts</li> <li>• Puberty</li> <li>• Physical and emotional change</li> <li>• Menstruation</li> <li>• Developing body image</li> <li>• Changing hygiene routines</li> <li>• Viruses and bacteria</li> </ul>
Myself and My Relationships: Anti-Bullying	MMR17 AB	<p><b>What is the impact of bullying on all parties involved?</b></p> <p>Can I explain the differences between friendship difficulties and bullying? CF</p> <p>Can I define the characteristics and different forms of bullying? RR</p> <p>How do people use technology &amp; social media to bully others and how can I help others to prevent and manage this? ISH</p> <p>What do all types of bullying have in common? RR</p> <p>Might different groups experience bullying in different ways? MW</p>	<ul style="list-style-type: none"> <li>• Friendship difficulties</li> <li>• Defining bullying</li> <li>• Bullying relating to race/ religion/culture</li> <li>• Homophobic, biphobic &amp; transphobic bullying</li> <li>• Cyberbullying</li> <li>• Physical, mental &amp; emotional wellbeing</li> <li>• Peer influence</li> <li>• Bystanders/colluders</li> <li>• Responsive strategies</li> </ul>

		<p>How can people's personal circumstances affect their experiences? MW</p> <p>How does prejudice sometimes lead people to bully others? CF</p> <p>Can I respond assertively to bullying, online and offline? RR</p> <p>How might bullying affect people's mental wellbeing and behaviour? MW</p> <p>How and why might peers become colluders or supporters in bullying situations? RR</p> <p>Can I identify ways of preventing bullying in school and the wider community? RR</p>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Equality Act</li> <li>• Sources of support</li> </ul>
E-safety - Me and My Online Identity	ENR ES	<p><b>How can online content impact on me positively or negatively?</b></p> <p>What are some examples of how I use the internet, the services it offers, and how do I make decisions? OR</p> <p>What are the principles for my contact and conduct online, including when I am anonymous? OR</p> <p>How can I critically consider my online friendships, contacts and sources of information, and make positive contributions? OR</p> <p>How might the media shape my ideas about various issues and how can I challenge or reject these? OR</p> <p>Can I explain some ways in which information and data is shared and used online? OR</p> <p>How can online content impact on me positively or negatively? OR</p> <p>What are my responsibilities for my own and others' mental and physical wellbeing online and how can I fulfil these? IS</p> <p>What are some ways of reporting concerns and why is it important to persist in asking? IS</p> <p>Can I identify, flag and report inappropriate content? IS</p>	<ul style="list-style-type: none"> <li>• Decision making</li> <li>• Positive contributions</li> <li>• Evaluating content</li> <li>• Information storage &amp; sharing</li> <li>• Mental &amp; physical wellbeing</li> <li>• Responsibilities</li> <li>• Reporting</li> </ul>
Citizenship: Working Together	CIT9 WT	<p><b>How could my skills and strengths be used in future employment?</b></p> <p>What are my strengths and skills and how are they seen by others?</p> <p>What helps me learn new skills effectively?</p> <p>What would I like to improve and how can I achieve this?</p> <p>How could my skills and strengths be used in future employment?</p> <p>What are some of the jobs that people do?</p> <p>How can I be a good listener to other people? CF</p> <p>How can I share my views effectively and negotiate with others to reach agreement? How can I persevere and help others to do so? CF</p> <p>How can I give, receive and act on sensitive and constructive feedback? RR</p>	<ul style="list-style-type: none"> <li>• Self perception and self evaluation</li> <li>• Developing skills</li> <li>• Steps towards goals</li> <li>• The world of work</li> <li>• Effective communication</li> <li>• Chairing group discussions</li> <li>• Courtesy, negotiation &amp; debate</li> <li>• Problem solving and perseverance</li> <li>• Influence of the media</li> <li>• Evaluation</li> </ul>
Healthy and Safer Lifestyles: Personal Safety	HSL23 PS	<p><b>Am I making sensible judgements to be as safe as I can be?</b></p> <p>How do I recognise my own feelings and consider how my actions may affect the feelings of others? MW</p> <p>Can I use my Early Warning Signs to judge how safe I am feeling? BS</p> <p>How do I judge who is a trusted adult or trusted friend? CF</p>	<ul style="list-style-type: none"> <li>• Recognising own feelings &amp; considering others</li> <li>• Rights and responsibilities</li> <li>• Is my fun, fun for everyone?</li> <li>• Early Warning signs</li> <li>• Identifying trusted adults</li> <li>• Personal networks</li> <li>• Safety continuum</li> <li>• Recognising and reporting abuse or neglect</li> </ul>

		<p>How can I seek help or advice from someone on my personal network and when should I review my network? BS</p> <p>How could I report concerns of abuse or neglect? BS</p> <p>Can I identify appropriate &amp; inappropriate or unsafe physical contact? BS</p> <p>How do I judge when it is not right to keep a secret and what action could I take? BS</p> <p>How can I recognise risks online and report concerns? OR</p> <p>What strategies can I use to assess risk and help me feel safer when I am feeling unsafe? BS</p>	<ul style="list-style-type: none"> <li>• Bodily autonomy</li> <li>• Personal boundaries</li> <li>• Safe, unsafe, unwanted touch</li> <li>• Safe and unsafe secrets</li> <li>• Online safety</li> <li>• Protective interruption</li> <li>• Assessing risk</li> </ul>
Myself and My Relationships: My Emotions	MMR15 ME	<p><b>Positive Mental Health is important to everyone – discuss.</b></p> <p>How can we make mental wellbeing a normal part of daily life in the same way as physical wellbeing? MW</p> <p>What does it mean to have a ‘strong sense of identity’ &amp; ‘self-respect’? RR</p> <p>What can I do to boost my self-respect? RR</p> <p>How do I manage strong emotions? MW</p> <p>How can I judge if my own feelings and behaviours are appropriate &amp; proportionate? MW</p> <p>How do I recognise how other people feel and respond to them?</p> <p>What is loneliness and how can we manage feelings of isolation? MW</p> <p>How common is mental ill health and what self-care techniques can I use? MW</p> <p>How and from whom do I get support when things are difficult? MW</p>	<ul style="list-style-type: none"> <li>• Mental health</li> <li>• Self-respect &amp; identity</li> <li>• Feelings, thoughts, behaviour</li> <li>• Recognising strong feelings</li> <li>• Loneliness</li> <li>• Empathy</li> <li>• Networks of support</li> </ul>

**YEAR 6**

UNIT NAME	UNIT CODE	QUESTIONS	KEY THEMES
Myself and My Relationships: Family and Friends	MMR16 FF	<p><b>What is friendship and how will friendships change over time?</b></p> <p>What are the characteristics of healthy friendships on and offline and how do they benefit me? CF</p> <p>How do trust and loyalty feature in my relationships on and offline? CF</p> <p>What are the benefits and risks of making new friends, including those I only know online? OR</p> <p>Can I always balance the needs of family &amp; friends &amp; how do I manage this? FP</p> <p>Can I communicate, empathise &amp; compromise when resolving friendship issues? CF</p> <p>How can I check that my friends give consent on and offline? BS</p> <p>How do people in my family continue to support each other as things change? FP</p> <p>Who are in my networks, on &amp; offline, and how have these, changed and how do we support each other? OR</p>	<ul style="list-style-type: none"> <li>• Healthy friendships</li> <li>• Trust</li> <li>• Loyalty</li> <li>• Empathy</li> <li>• Compromise</li> <li>• Consent</li> <li>• Changing networks</li> <li>• Family support</li> <li>• Influences and pressures</li> <li>• Cooperation</li> <li>• Networks of support</li> <li>• Online communities</li> </ul>
Healthy & Safer Lifestyles: Managing Safety and Risk	HSL18 MR	<p><b>What impact does risk have on me and how can I reduce my risk of harm?</b></p> <p>When might it be good for my mental health for me to take a risk? MW</p> <p>What are the possible benefits and consequences of taking physical, emotional and social risks? MW</p> <p>When am I responsible for my own safety as I get older and how can I keep others safer? BS</p> <p>How can I safely get the attention of a known or unknown adult in an emergency? BS</p> <p>Can I carry out basic first aid in common situations, including head injuries? BS</p> <p>What are the benefits of cycling and walking on my own and how can I stay safer? MW</p> <p>How can being outside support my wellbeing &amp; how do I keep myself safe in the sun? HP</p> <p>What are the benefits of using public transport and how can I stay safe near railways?</p> <p>How can I prevent accidents at school and at home, now that I can take more responsibility?</p>	<ul style="list-style-type: none"> <li>• Personal responsibility for safety</li> <li>• Risk reduction strategies</li> <li>• Getting help</li> <li>• Sources of support</li> <li>• Basic first aid</li> <li>• Road safety</li> <li>• Sun safety</li> <li>• Cycle safety</li> <li>• Railway safety</li> <li>• Electrical safety</li> <li>• Health and safety rules in school</li> <li>• Preventing a wider range of accidents</li> </ul>
Citizenship: Diversity and Communities	CIT10 DC	<p><b>What are the nationalities, cultures and ethnic groups in my local area?</b></p> <p>How do other people’s perceptions, views and stereotypes influence my sense of identity? RR</p> <p>How do views of gender affect my identity, friendships, behaviour &amp; choices? RR</p> <p>What are people’s different identities, locally and in the UK? FP</p> <p>How can I show respect to those with different lifestyles, beliefs &amp; traditions? RR</p> <p>What are the negative effects of stereotyping? RR</p> <p>Which wider communities &amp; groups am I part of &amp; how does this benefit me? MW</p> <p>What are voluntary organisations and how do they make a difference? MW</p> <p>What is the role of the media and how does it influence me and my community?</p>	<ul style="list-style-type: none"> <li>• Self-perception and self-evaluation</li> <li>• Developing skills</li> <li>• Steps towards goals</li> <li>• The world of work</li> <li>• Effective communication</li> <li>• Chairing group discussions</li> <li>• Courtesy, negotiation &amp; debate</li> <li>• Problem solving and perseverance</li> <li>• Influence of the media</li> <li>• Evaluation</li> </ul>

		Who cares for the wider environment and what is my contribution?	
Healthy & Safer Lifestyles: Healthy Lifestyles	HSL21 HL	<p><b>Could me and my family become healthier people?</b></p> <p>How does physical activity help me &amp; what might be the risks of not engaging in it? MW</p> <p>What could characterise a balanced or unbalanced diet and what are the associated benefits and risks? HE</p> <p>What are the different aspects of a healthy lifestyle and how could I become healthier? PHF/HP</p> <p>What are the factors influencing me when I'm making lifestyle choices and how might these change over time?</p> <p>What might be the signs of physical illness and how might I respond? HP</p> <p>What are the benefits and risks of spending time online/on electronic device in terms of my physical and mental health? IS</p> <p>Why are online apps and games age restricted? IS</p>	<ul style="list-style-type: none"> <li>• Eatwell Guide</li> <li>• Nutritional content</li> <li>• Portion sizes</li> <li>• Meal planning</li> <li>• Sleep hygiene</li> <li>• Dental health</li> <li>• Health as a continuum</li> <li>• Risks &amp; benefits of lifestyle choices</li> <li>• Physical illness</li> <li>• Gaming/social media age restrictions</li> </ul>
Healthy and Safer Lifestyles: Relationships and Sex Education	HSL24 SR6	<p><b>What effect might puberty have on people's feelings, emotions and bodies?</b></p> <p>What are different ways babies are conceived and born? (Sex Education)</p> <p>What effect might puberty have on people's feelings and emotions? CAB</p> <p>How can my words or actions affect how others feel, and what are my responsibilities? MW</p> <p>What should adults think about before they have children? FP</p> <p>Why might people get married or become civil partners? FP</p> <p>What are different families like? FP</p>	<ul style="list-style-type: none"> <li>• Human lifecycle</li> <li>• Sexual reproduction</li> <li>• Changing emotions and relationships</li> <li>• Responsibility for others</li> <li>• Love and care</li> <li>• Marriage &amp; civil partnership</li> <li>• Families</li> </ul>
Myself and My Relationships: Managing Change	MMR18 ME	<p><b>How does change affect you and how can you support yourself and others at this time?</b></p> <p>What positive and negative changes might people experience? CAB</p> <p>How do people's emotions evolve over time as they experience loss and change? MW</p> <p>How can I manage the changing influences and pressures on my friendships and relationships? CF</p> <p>What different strategies do people use to manage feelings linked to loss and change and how can I help? MW</p> <p>How might people whose families change feel?</p> <p>When might change lead to positive outcomes for people?</p> <p>What positive and negative changes have I experienced and how have these experiences affected me? CAB</p> <p>What strategies will help me to thrive when I move to my next school? MW</p>	<ul style="list-style-type: none"> <li>• Range of changes</li> <li>• Emotions</li> <li>• Strategies for change</li> <li>• Supporting others</li> <li>• School/phase transition</li> </ul>
Healthy and Safer Lifestyles: Drug Education	HSL22 DE	<p><b>True or False - The impact of drugs is always negative?</b></p> <p>What do I know about medicines, alcohol, smoking, solvents and illegal drugs and why people use them?</p> <p>How does drug use affect the way a body or brain works?</p> <p>How do medicines help people with different illnesses?</p> <p>What immunisations have I had or may I have in future and how do they keep me healthy?</p> <p>What is drug misuse?</p>	<ul style="list-style-type: none"> <li>• Effects of drug use</li> <li>• Essential use of medicines</li> <li>• Drug misuse</li> <li>• Staying safe around risky substances</li> <li>• Influence of friends and media</li> <li>• Reliability of information</li> <li>• Immunisations</li> </ul>

		<p>What are some of the laws about drugs? When and how should I check information about drugs?</p>	
Financial Capability	EWC FC	<p><b>Can you run a successful enterprise?</b></p> <p>What different ways are there to gain money? What sort of things do adults need to pay for? How can I afford the things I want or need? How can I make sure I get 'value for money'? Why don't people get all the money they earn? How is money used to benefit the community or the wider world? What is poverty?</p>	<ul style="list-style-type: none"> <li>• Earnings and deductions</li> <li>• Wants and needs</li> <li>• Range of jobs</li> <li>• Budgeting</li> <li>• Debt and credit</li> <li>• Financial planning (including insurance and pensions)</li> <li>• Making choices</li> <li>• Managing feelings about money</li> <li>• Poverty</li> <li>• Role of charities</li> </ul>