

UNIT LOCATION

Myself and my relationships

Citizenship

Healthy and safer lifestyles

UNIT THEMES	FS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Beginning and belonging		How can I make sure my classroom is a happy and safe place for everyone?		How can I build positive relationships with others?		How can I build positive relationships and work collaboratively?	
Anti bullying			Why might people fall out with their friends and how can they make friends again?		What are the negative impacts of bullying?	What is the impact of bullying on all parties involved?	
My emotions			What are my emotions and how can I control them?		What are emotions and how do they affect me?	Positive Mental Health is important to everyone – discuss	
Family and friends		What is a friend and how can I be a good one?		What impact do we have on other people and what impact do they have on us?			What is friendship and how will friendships change over time?
Managing change			How have me and my friends changed and what else might happen to us in the future?		What impact does change have on people and how can I deal with it?		How does change affect you and how can you support yourself and others at this time?
Diversity and communities			What does local mean and what is in my local community?	Why are stereotypes unfair and how can I challenge them?			What are the nationalities, cultures and ethnic groups in my local area?
Working together		What does it mean to work together?		What is my part in working together?		How could my skills and strengths be used in future employment?	

Rights, rules and responsibilities		Why do we have rules?		What are human rights?		What rights do I have as a child?	
Healthy lifestyles		What does it feel like to be healthy?			What is a healthy lifestyle?		Could me and my family become healthier people?
Relationships and Sex		Why is my body amazing?	How have I changed?	Why and how do we need to keep clean?	What does it mean to be grown up?	What will happen to my body as I grow up and how can I care for it?	What effect might puberty have on people's feelings, emotions and bodies?
Personal safety			How can I keep myself safe?		How can I keep my body safe?	Am I making sensible judgements to be as safe as I can be?	
Managing Safety and Risk		What makes a situation risky?		What are risks and how can I reduce them?			What impact does risk have on me and how can I reduce my risk of harm?
Drug education			How can I take medicines safely and why do we take them?		What are drugs and what can their impact be?		True or False - The impact of drugs is always negative?
Financial capability		How do we pay for things?			What is money and how does it impact on my life?		Can you run a successful enterprise?
Me and my online identity			How can I stay safe online?	What are the risks of being on line and how can I reduce them?		How can online content impact on me positively or negatively?	