

UNIT LOCATION

Myself and my relationships

Citizenship

Healthy and safer lifestyles

| UNIT THEMES | FS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|---------------------------|----|--|--|--|--|--|--|
| Beginning and belonging | | How can I make sure my classroom is a happy and safe place for everyone? | | How can I build positive relationships with others? | | How can I build positive relationships and work collaboratively? | |
| Anti bullying | | | Why might people fall out with their friends and how can they make friends again? | | What are the negative impacts of bullying? | What is the impact of bullying on all parties involved? | |
| My emotions | | | What are my emotions and how can I control them? | | What are emotions and how do they affect me? | Positive Mental Health is important to everyone – discuss | |
| Family and friends | | What is a friend and how can I be a good one? | | What impact do we have on other people and what impact do they have on us? | | | What is friendship and how will friendships change over time? |
| Managing change | | | How have me and my friends changed and what else might happen to us in the future? | | What impact does change have on people and how can I deal with it? | | How does change affect you and how can you support yourself and others at this time? |
| Diversity and communities | | | What does local mean and what is in my local community? | Why are stereotypes unfair and how can I challenge them? | | | What are the nationalities, cultures and ethnic groups in my local area? |
| Working together | | What does it mean to work together? | | What is my part in working together? | | How could my skills and strengths be used in future employment? | |

| | | | | | | | |
|------------------------------------|--|---------------------------------------|--|--|--|---|---|
| Rights, rules and responsibilities | | Why do we have rules? | | What are human rights? | | What rights do I have as a child? | |
| Healthy lifestyles | | What does it feel like to be healthy? | | | What is a healthy lifestyle? | | Could me and my family become healthier people? |
| Relationships and Sex | | Why is my body amazing? | How have I changed? | Why and how do we need to keep clean? | What does it mean to be grown up? | What will happen to my body as I grow up and how can I care for it? | What effect might puberty have on people's feelings, emotions and bodies? |
| Personal safety | | | How can I keep myself safe? | | How can I keep my body safe? | Am I making sensible judgements to be as safe as I can be? | |
| Managing Safety and Risk | | What makes a situation risky? | | What are risks and how can I reduce them? | | | What impact does risk have on me and how can I reduce my risk of harm? |
| Drug education | | | How can I take medicines safely and why do we take them? | | What are drugs and what can their impact be? | | True or False - The impact of drugs is always negative? |
| Financial capability | | How do we pay for things? | | | What is money and how does it impact on my life? | | Can you run a successful enterprise? |
| Me and my online identity | | | How can I stay safe online? | What are the risks of being on line and how can I reduce them? | | How can online content impact on me positively or negatively? | |