P.E. Year 1 Spring 1

Focus Themes: Inequality and Conflict



Word	Definition
New Age Kurling Stone	A red or blue plastic circle with a handle to hold and metal balls on the bottom to allow it to roll.
Stone Pusher	A long stick with a flat end used to push the kurling stone if the player finds pushing with
Shot	Rolling of the kurling stone towards target.

Key Knowledge and Concepts

To move the kurling stone, put one hand on the handle and push it towards the target.

Your thumb should point the way you are wanting the stone to go.

Health and Safety

Walk around all equipment.

Collect used stones and carry them back.





