



Why might people fall out with their friends and how can they make friends again?

Word	Definition
bullying	deliberately hurtful behaviour that usually happens repeatedly
kindness	being nice to someone so they are not upset
safe	Not in danger or harm
unsafe	In danger



Key Knowledge and Concepts

After you have fallen out with someone you could say sorry, talk about it or sharing something to make it better.

People fall out for lots of reasons. Sometimes they have an argument, say unkind comments or physically hurting someone.

Bullying is done on purpose and usually happens again and again.

Cyber bullying is being unkind to someone using a computer or mobile phone.

Physical bullying is hurting someone by punching, hitting or kicking.

Verbal bullying is teasing someone by saying unkind things to them.

Ways you can stop people bullying include: using a strong voice, saying no, walking away, telling a trusted adult.

Bullying makes people feel sad, lonely and afraid.

