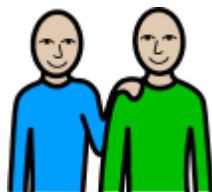


**How have me and my friends changed and what else might happen to us in the future?**

Word	Definition
positive	Being happy about things
loss	Something or someone that is taken away from you
coping	To deal with difficult situations
goals	Things that you would like to do in the future

## Key Knowledge and Concepts

You have changed lots since you were born. Now you are bigger and now can talk and walk. You have been to school to learn lots of things. There are some changes you can choose and have control over whilst others you can't.



Some times friendships change when you move house, change classes or have new interests.



Goals are things that you would like to do in the future.

When things change, you can feel different things. This may be sadness or anger when you lose something special to you.

