

## How can I build positive relationships with others?

| Word      | Definition   |
|-----------|--|
| emotions  | The strong feelings we get when your body reacts to things |
| identify  | To work out things about people                            |
| interests | The desire to learn, know, or take part in something       |
| situation | A set of circumstances you find yourself in                |
| helpful   | Giving help or aid to others                               |
| unhelpful | Not giving help or aid to others                           |



### Key Knowledge and Concepts

Behaviour that helps us learn includes: somebody listening to someone else speaking; playing together nicely; working together cooperatively; taking it in turns to speak; sharing equipment; moving safely around the classroom.



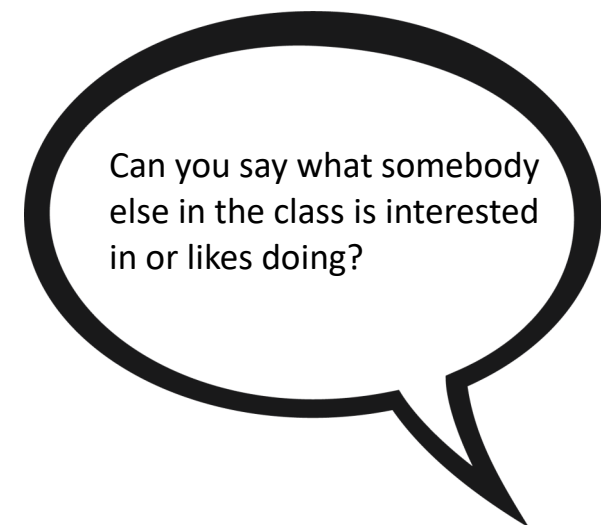
To help someone belong you could: sit next to them, play a game with them, say hello.

You can ask different people for help for example: a teacher, a parent, an older sibling



People maybe in a new situation for many reasons including: in a new school, a new home, at a new club, having a new baby in the family, in a new country, staying at a friend's house for the first time.

A new situation may bring a range of emotions such as: excitement, fear, anxiousness etc.



Can you say what somebody else in the class is interested in or likes doing?