



Why and how do we need to keep clean?

Word	Definition
breast	Two mounds of flesh which grow on the chest of girls as they reach puberty
nipple	The end point of the breast
illness	When you become poorly
spread	To stretch out
prevent	To stop something happening
toiletries	Something used for cleaning yourself

Key Knowledge and Concepts

There are specific names for some areas of the male and female body—I will learn these in this unit.

Areas of my body that need cleaning regularly are: teeth, hands, noses, bottoms and hair.

There are lots of reasons why we should clean area, these might include: it takes away germs, you might catch a cold, you might pass on germs, you might become smelly, you might get an infection.

Common diseases spread by bacteria, e.g. gum disease, tummy bugs, chest infections, conjunctivitis.

Common diseases spread by viruses e.g. colds, warts, chickenpox, measles.

Common diseases spread by fungi e.g. athletes foot, ringworm.



Every single body is different for example: height, hair colour, skin colour, foot size

