



What impact does risk have on me and how can I reduce my risk of harm?

Word	Definition
transport	Something what carries people/objects from one place to another
prevent/ prevention	Stop something from happening
physical risk	Where your body might get hurt
emergency services	The people you should contact in an emergency situation - fire, police and ambulance
first aid	Emergency medical help given to a hurt or sick person while waiting for a doctor
consequence	The result of a behaviour or action - they can be positive or negative

Key Knowledge and Concepts

There are benefits of taking risks such as: learning a new skill or feeling proud of yourself.

You don't want to take a risk you could say to someone things such as: I'm not sure yet; I have decided it's too risky; I might do it when I'm a bit older; I need some time to think about it.

Causes of accidents could include: not knowing the safety rules/ ignoring safety rules/ showing off/ being affected by their feelings/making mistakes/ being persuaded/being under the influence of alcohol or drugs/not having the skills to cope.



Organisations that can help people: doctors' surgeries, Social Services, Children's Centres, Citizens Advice Bureau, ChildLine etc

There are different types of risk:

- physical where your body might get hurt
- social where a relationship might suffer
- emotional where feelings get hurt

The main dangers of trains are: they move very fast; they can't stop easily; they run on high levels of electricity, pedestrians are close to the trains at a level crossing.

