WEEK 3

	HOT SPECIALS...		DAILY FAVES...	PICK A PUD!
MONDAY	**Cheese and Tomato Pizza** Served with Potato Wedges	**Vegetable Biryani** Served with Two Vegetables	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Strawberry Ice Cream**
TUESDAY	**Jerk Chicken** Served with Rice and Peas	**West African Vegetable Rice** Served with Two Vegetables	**Halal Jerk Chicken** served with Rice **Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Fruity Flapjack Bar**
WEDNESDAY	**Roast Chicken** Served with Roast Potatoes, Two Vegetables and Gravy	**Vegetable Pastry Roll** Served with Roast Potatoes, Two Vegetables and Gravy	**Halal Roast Chicken** served with Roast Potatoes and Gravy **Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Lemon Drizzle Cake**
THURSDAY	**Beef Bolognese** Served with Wholemeal Pasta and Two Vegetables	**Vegetarian Cottage Pie** Served with Two Vegetables and Gravy	**Halal Beef Bolognese** served with Wholemeal Pasta **Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Orange, Sultana and Carrot Slice**
FRIDAY	**Southern Fried Chicken** Served with Chips and Two Vegetables	**Vegan Meatballs in Tomato Sauce** Served with Chips and Two Vegetables	**Halal Southern Fried Chicken** served with Chips **Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Chocolate Milkshake**

PACKED LUNCH - AVAILABLE DAILY
HAM AND CHEESE
WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY
ALL MAIN MEALS SERVED WITH TWO VEGETABLES

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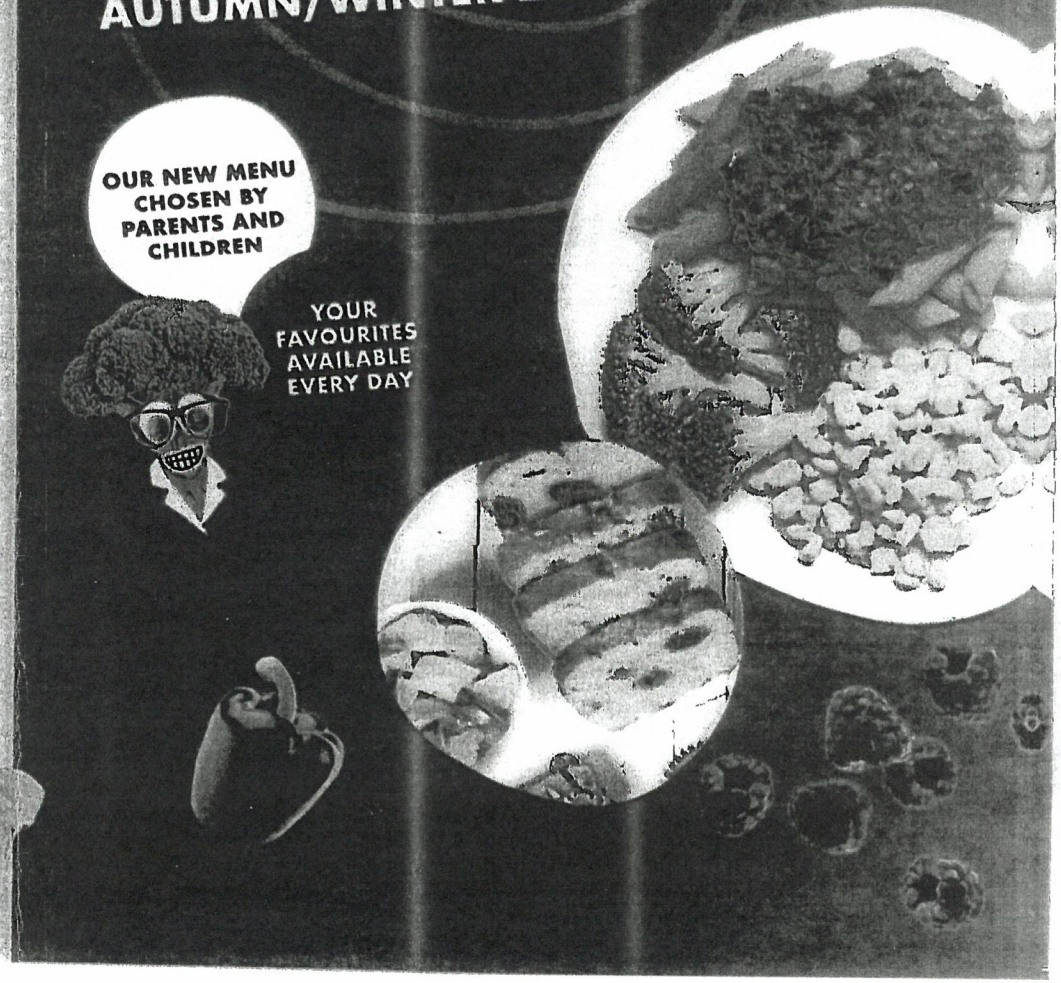
THREE WEEK MENU

AUTUMN/WINTER 2022

Chartwells
so much more than fantastic food

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY



WEEK 1

	HOT SPECIALS...		DAILY FAVES...	PICK A PUD!
MONDAY	**Cheese and Tomato Pizza** Served with Potato Wedges	**Vegetarian Sausage** Served with Mashed Potato and Gravy	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Vanilla Ice Cream**
TUESDAY	**Chicken Pie** Served with Mashed Potato and Gravy	Macaroni cheese Served with Two Vegetables	**Halal Chicken Pie** Severed with Mash Potatoes and Gravy	**Hot Chocolate Sponge served with Chocolate Custard**
WEDNESDAY	**Roast Turkey** Served with Roast Potatoes, Two Vegetables and Gravy	**Vegan Sausage Casserole** Served with Two Vegetables	**Halal Roast Turkey** Served with Roast Potatoes and Gravy	**Oat Cookie served with Fruit Slices**
THURSDAY	**Beef Lasagne** Served with Garlic and Herb Bread Wedge	**Chinese Vegetable Rice** Served with Two Vegetables	**Halal Beef Lasagne** severed with Wholemeal Pasta	**Apple Crumble served with Custard**
FRIDAY	**Breaded Fish** Served with Chips and Two Vegetables	**Quorn Dippers** Served with Chips and Two Vegetables	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Lemon Slice**

PACKED LUNCH - AVAILABLE DAILY
HAM AND CHEESE
WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY
ALL MAIN MEALS SERVED WITH TWO VEGETABLES

WEEK 2

	HOT SPECIALS...			DAILY FAVES...	PICK A PUD!
MONDAY	**Cheese and Tomato Pizza** Served with Two Vegetables	**Sweet Potato Curry** Served with Wholegrain Rice		**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Jam Sponge**
TUESDAY	**Pork Sausages** Served with Mashed Potato, Two Vegetables and Gravy	**Vegetable Lasagne** Served with Garlic and Herb Bread Wedge	**Halal Chicken Sausage** severed with Mash Potato	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Orange Shortbread**
WEDNESDAY	**Roast Chicken** Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy	**Vegetable Pie** Served with Mashed Potato, Two Vegetables and Gravy	**Halal Roast Chicken** served with Roast Potato ands and Gravy	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Chocolate Ice Cream**
THURSDAY	**Beef Keema Curry** Served with Wholegrain Rice	**Cauliflower and Sweet Potato Masala** Served with Wholegrain Rice and Two Vegetables	**Halal Beef Keema Curry** served with Wholemeal Rice	**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Raspberry Ripple Cake**
FRIDAY	**Breaded Fish** Served with Chips and Two Vegetables	**Quorn Dippers** Served with Chips and Two Vegetables		**Packed Lunch** See below for details **Jacket Potatoes** with a choice of hot and cold fillings **Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta	**Chocolate Shortbread**

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice · Halal Available