



School break - Useful numbers:

Foodbanks - Goldhill

- Community Shop opening hours: Monday – Friday 10am – 1pm
- Trussell Trust food boxes: Mondays 10am – 12pm
- Free food market day: Friday's 10am – 12pm

Early Help Team – 0116 4541004

Can provide advice and signposting for:

- Benefit advice
- Behaviour advice
- Parenting support

For any concerns over a child's safety:

Safeguarding Duty and Advice (Social services)

0116 4541004

Child health advice:

School nurses: 0116 2153231

NSPCC – parent helpline: 0808 8005000

Childline: 0800 1111

Saffron Resources Centre – 0116 283 7212 email: info@srcentre.org.uk

Citizens Advice Leicester - 0808 2787970

Domestic Abuse support - 0808 80 200 28

Zinthiya Trust Advice/Support - 0116 254 5168

Mental Health NHS Mental health Central Access Point: [0808 800 3302](tel:08088003302)

Substance Misuse Turning Point - 0330 303 6000.