

Welcome to the very first SEND Newsletter of the new academic year we hope you will find some of it useful although we recognise that not everything will apply to everyone. We hope you all had a fabulous summer holiday and made lots of lovely memories (despite the rather mixed weather). Miss Gelsthorpe has now taken over as the SENCO and can be contacted via the school office. She is also on duty two mornings a week so say hi if you see her out and about. Please remember that your child's class teacher will be able to discuss their provision as they work with them daily.



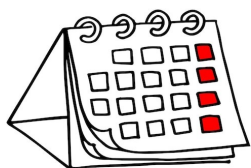
HUB



There are lots of children accessing the hub for all or part of the school day this year. Miss Bates is overseeing the provision but there are lots of other adults also involved to support your child. This provision is being developed and adapted all of the time to best meet the needs of the pupils accessing it so please do let us know if you have any suggestions.

We know for some children a change in structure, routine or activities can be tricky. To try and help we have created our list of dress down days.

Hopefully then, you can prepare your child for the change. There is no expectation that they will join in. If they want to wear uniform then that is fine.



Marriott Primary School Dress Down Days 2023/2024

Most of these days will ask for a 50p donation, we will send out more information nearer the events.

Tuesday 10th October 2023 – World Mental Health day – wear something green with school uniform.

Monday 30th October 2023 – Halloween Discos – more information to be shared nearer the time.

Monday 13th November 2023 – Odd Sock Day during Anti-Bullying Week – wear odd socks with uniform.

Friday 17th November 2023 – Children In Need – wear spots or something Pudsey Bear related.

Friday 8th December 2023 – Christmas Jumper Day for Save the Children – wear a Christmas jumper for the day.

Friday 2nd February 2024 – NSPCC Number Day – wear a number with uniform or own clothes.

Thursday 7th March 2024 – World Book Day – dress as your favourite character from a book.

Friday 15th March 2024 – Comic Relief Red Nose Day – wear a red nose or something red.

Friday 7th June 2024 – NSPCC Childhood Day – Dress down day.

OTHER KEY DATES

Parents Evenings: 10/11th October
Term ends for half term: 13th October



If you would like a printed copy of this newsletter then please contact the office.

SCHOOL ROUTINES

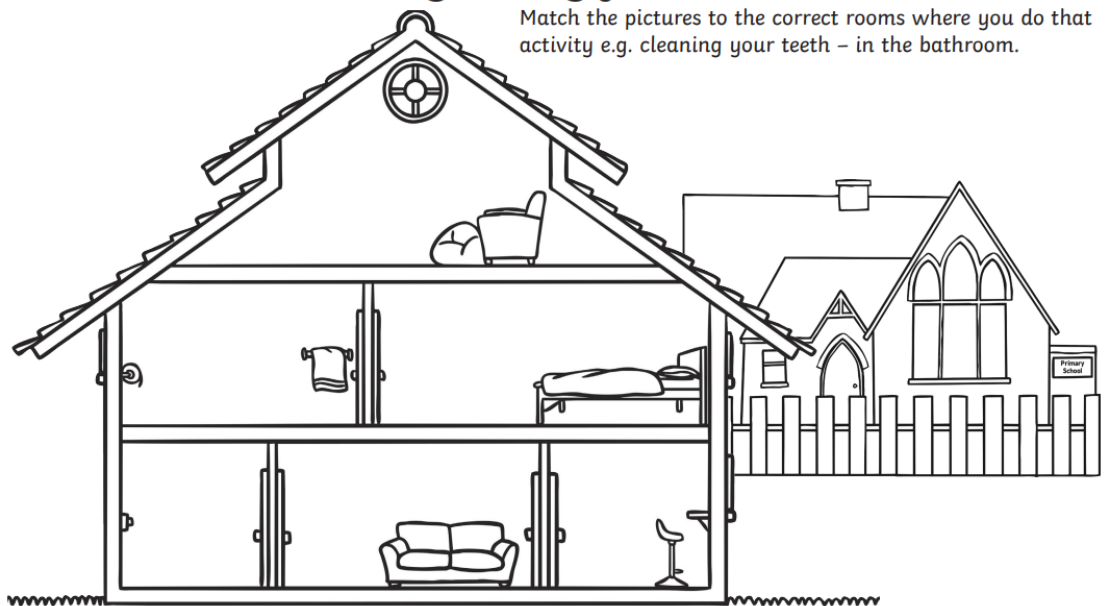
Getting back into the school routine can be a little challenging for everyone but a few top tips are:

- Reward good behaviour and choices as they are getting ready - rewards and incentives should be used before punishment to keep children motivated
- Keep expectations consistent - rules should be clear and concise
- Limit distractions - consider not having the TV on in the mornings, banning games consoles until after tasks have been completed etc
- Breakdown tasks into manageable pieces – do not overload the child with a high volume of tasks, break it down into small sections if required. If required use visual clues or task lists to help.
- Create structure - Make a routine for your child and stick to it every day

A couple of nice activities are below.

Getting Ready for School

Match the pictures to the correct rooms where you do that activity e.g. cleaning your teeth – in the bathroom.

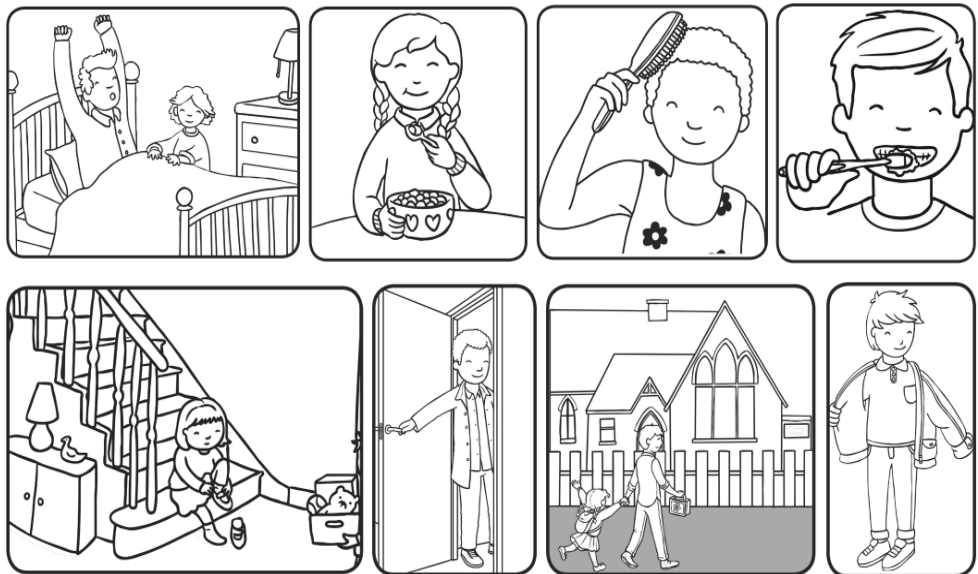


Can you write a number on each picture to say the order you do them in? For example: getting out of bed = Number 1.

Colour and cut these pictures out.

OTHER IDEAS TO HELP REDUCE ANXIETY

- Packing their school bag to check they have everything
- Trying on school uniform before the first day
- Going to bed and waking up at the same time as a school day
- Planning what they will eat for breakfast, their packed lunch, etc
- Speaking to friends prior to returning to school
- Arranging what time they will need to get up and leave for school
- Walking/driving the school route so they know what it will be like



Organisation cards to help older children check what they have packed in their bags.



Transition booklets were given to many children at the end of term. These are a great way to remind the children of what is happening and that it is natural to have a range of emotions associated with this— please do use the booklet you were given. This script may help a little.

More tips and ideas can be found here: <https://www.bbc.co.uk/bitesize/articles/ztv3p4j>

Song about starting school again: <https://www.bbc.co.uk/teach/school-radio/primary-school-songs-assembly-collective-worship-back-in-school-again/z2cpm39>

Video about going back to school: <https://www.youtube.com/watch?v=qHE6DBSShXw>



For school each day I need:

<input type="checkbox"/>	school bag or bookbag	
<input type="checkbox"/>	pencil case	
<input type="checkbox"/>	water bottle	
<input type="checkbox"/>	reading book and reading diary	
<input type="checkbox"/>	lunchbox or dinner money	
<input type="checkbox"/>	P.E. Kit	
<input type="checkbox"/>	coat	
<input type="checkbox"/>	wellingtons	
<input type="checkbox"/>	hat and gloves	
<input type="checkbox"/>	Any letters to take to school?	

Soon there will be a change. I will move to a new class.

When I have a change I may feel frustrated and upset.

I may sometimes cry or become anxious.

It is ok to feel worried or upset about a new thing.

It is important I listen to the adults.

They will help me with the change.

The change will feel ok after a while.

And finally.....Why getting a good night's sleep is so important? Getting sufficient sleep has been shown to benefit memory, learning, attention, mood, behaviour and physical health.

How many hours does your child need?

Age	Hours of sleep
Pre-school (3 - 5 years)	11 - 13
5 - 9	10 - 11 hours
10 - 14	9 - 9.75
15 - 17	8.5 - 8.75
Adults	7 - 9

(Information from National Sleep Foundation and NHS Choices)

SECONDARY TRANSITION — YEARS 5 AND 6 PARENTS

Despite it only being the start of term, for those children in Year 5 and 6 it is important to start thinking about where you would like your child to attend for secondary, especially if they have significant SEND needs. It is worth visiting the schools to see what they offer as all are different. For Year 6 pupils the closing date for application is 31st October 2023 but further details will be sent to you from the local authority.

All schools make provision to support children who have special educational needs. Some children have an Education, Health and Care Plan (EHCP) and these children may attend either a mainstream school or a special school. If your child has an EHCP, we will start the process of their annual review in autumn 2023 to establish which school they will be attending in autumn 2024.

In addition to this there are Designated Special Provisions (DSP) which provide specialist provision for specific types of special needs as part of mainstream school or academy. Children who are placed in DSPs do not require full time specialist provision but require some additional specialist support to access the curriculum. Their time is split between mainstream lessons and activities and the DSP. A place at a DSP is only agreed through the Education, Health and Care plan process.

If your child has special educational needs but does not currently have an EHCP you should apply in the normal way.

The link below will be updated by the local authority in due course for this academic year to show you when open evenings are taking place:

<https://www.leicester.gov.uk/schools-and-learning/school-and-colleges/school-admissions/starting-secondary-school/secondary-school-open-events>

What are the secondary schools in the local area?

The closest ones to Marriott Primary School are:

Fullhurst Community College - <https://www.fullhurst.leicester.sch.uk>

Sir Jonathan North Academy - <https://www.sirjonathannorth.org.uk>

The Lancaster Academy - <https://www.lancaster.leicester.sch.uk>

Tudor Grange Samworth Academy - <https://www.samworth.tgacademy.org.uk>



There are lots of others across the city including:

Castle Mead - <https://www.castle-tmet.uk>

Countesthorpe Academy - <https://www.clcc.college>

Crown Hills Community College - <https://www.crownhills.com>

Thomas Estley Community College - <https://thomasesley.org.uk>

Wigston Academy - <https://wigstonacademy.org>

The council website will show you all the schools and their locations.



QUESTIONS YOU COULD ASK WHEN VISITING SECONDARY SCHOOLS' BEFORE APPLYING

Who will know my child well?

Who will be my first port of call if I need to speak/contact someone?

In how many groups will my child be taught in?

What subjects are on the curriculum?

How many subjects for GCSE and what choice students have (actual choice rather than subject blocks etc)?

Whether/when students are put in sets/streamed and when; whether it is possible to move between sets once placed?

What are facilities like - eg science labs, drama facilities, sports pitches/gym, music room, language labs, IT etc?

What are the homework expectations?

What extra-curricular activities are available? What sports are available?

Anything specific to your child's interest/abilities/needs

What provision do you have in place to cater with children who have a diagnosis of ____ ?